LIGHTING METRICS CHEAT SHEET



	Human Vision	Photosynthetically Active Radiation (PAR)	Electromagnetic Radiation
"Power"	Luminous Flux (Im)	Photosynthetically Active Photon Flux (PPF) (µmol/s)	Radiant Flux (W)
"Intensity"	Illuminance (lx = lm/m²)	Photosynthetically Active Photon Flux Density (PPFD) (µmol/s/m²) Daily Light Integral (DLI) (mol/day/m²)	Irradiance (W/m²)
"Efficiency"	Luminous Efficacy (Im/W)	Photosynthetically Active Photon Efficacy (µmol/J)	Wall-Plug Efficiency or Radiant Efficiency (dimensionless)
	Photometry	Quantum Sensing	Radiometry